

JULY 2026



TALKING STIX

News, Updates & Highlights from the STIX Family



Hey STIX Supporters,

Camp season is here! Camp STIX kicks off this month, and Camp TWIGS is right around the corner in August. We've included our camp theme days in this newsletter.

Parents of Camp STIX campers, please watch your email for important camp updates, drop-off information, and reminders. Parents of Camp TWIGS campers, we have an important update for you, too!

We're also excited to share two Caregiver Night Out opportunities during Camp STIX week (open to all caregivers), as well as information about our annual STIX Pool Party as we wrap up another amazing summer.

As always, we are incredibly grateful for our volunteers and supporters. Your generosity, time, and encouragement make everything we do possible. Without you, STIX couldn't happen.





What's Coming Up at STIX



12
JUL

Camp STIX begins!

12
JUL

Caregivers Night Out #1 – Sunday 5:00 PM after camper drop-off at *Uncle Rusty's Diner* – 718 E Francis Ave., Spokane, WA

15
JUL

Caregivers Night Out #2 – Join us Wednesday evening at *Flatstick Pub* – 618 W Main Ave. Spokane at 5pm.

7
AUG

Camp TWIGS begins!

16
AUG

STIX Annual Pool Party at Comstock Park at 5:30 PM

More details on the next few pages. Please RSVP for each event by emailing outreach@stixdiabetes.org so we can plan ahead.

We can't wait to see you there!

Caregivers Night Out

Who says the kids get to have all the fun?

**Join us for one or both
of these events.**

**What: Dinner after camper
drop-off**

When: Sunday at 5-5:30 PM

Where: Uncle Rustys

**718 E Francis
Spokane, WA**

What: Midweek Social

**When: Wednesday, July 15th
at 5:00 PM**

Where: Flatstick Pub

**Downtown Spokane
618 W Main Ave, Spokane, WA
99201**

Your child does not need to be a camper to join. Please RSVP
outreach@stixdiabetes.org



JOIN US FOR THE ANNUAL STIX DIABETES

POOL

Party

Sunday

August 16

5:30PM

COMSTOCK POOL

**BRING A TOWEL, SUNSCREEN. WE WILL
PROVIDE A LIGHT DINNER.**

RSVP WITH ANY DIETARY RESTRICTIONS TO

OUTREACH@STIXDIABETES.ORG





LIGHTS, CAMERA, CAMP STIX!

JULY 12-18, 2026



ON SET SUNDAY



The cameras are rolling and the stars have arrived! Wear your new camp shirt as we kick off opening night at Camp STIX!

MATINEE MONDAY

From animated favorites to timeless classics, step into the role of your favorite kids' movie character or old-school film icon.



TERROR TUESDAY

When the lights flicker and suspense fills the air, movie monsters take center stage - transform into your favorite creature or spooky character.

WESTERN WEDNESDAY

Saddle up and channel your inner cowboy, cowgirl, or country legend for a rootin'-tootin' fun day on the Camp STIX frontier!


A NIGHT AT THE OSCARS

Dress to impress as we roll out the red carpet and celebrate an unforgettable night of dancing and star-worthy moments.



THAT'S A WRAP!

Rock your favorite camp shirt one more time before the credits roll on an unforgettable week.



** REMINDER: ALL COSTUMES MUST BE CAMP APPROPRIATE **





Families registered for Camp TWIGS should have received an email with important information regarding this exciting update.

Camp TWIGS is moving to Camp Gifford for this year's camp!

New Camp Location:
3846 N. Deer Lake Rd.
Loon Lake, WA 99148

We're excited about this opportunity because Camp Gifford provides a private camp environment designed specifically for youth programs, offering a safe, secure, and distraction-free setting for our campers.

What to expect:

- A member of our leadership team will call each registered family before camp to answer questions and discuss the transition.
- Please watch your email for additional information about drop-off, pick-up, and other important camp details.
- During your phone call, we'll also ask for your family's RSVP for our Family Night Dinner.

If you have any questions, please contact us at stix@stixdiabetes.org.

Thank you for your flexibility as we make this exciting change. We can't wait to welcome everyone to Camp Gifford for an amazing Camp TWIGS experience!

CAMP TWIGS

QUIET ON SET!

AUGUST 7-9, 2026



FRIDAY

CASTING CALL

The spotlight is shining and Camp TWIGS is ready for its stars! Wear your new camp shirt and bring your biggest smile as we prepare for a weekend full of fun.

MOVIE MAGIC

Let your imagination take center stage! Transform into your favorite movie/television character and step into a world of wonder, laughter, and larger-than-life fun.

SATURDAY



THE FINAL TAKE

The cameras are rolling for one last unforgettable scene! Whether you shine in sparkles, bow ties, tutus, or your favorite camp shirt - get ready for big cheers and red carpet moments!



SUNDAY

